



科思自闭症服务社

# Impact Report

CARES



Presented by Jill Z

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# About Us

## Get to Know Us

We provide inclusive, culturally sensitive support for autistic individuals and their families. Through tailored services—including Chinese-language resources, workshops, and support groups—we create nurturing spaces that foster understanding, emotional support, and empowerment.



# Word from Chairwoman - Daisy



This year marked important progress for CARES in our mission to build a more inclusive space for neurodivergent children and their families. Despite economic challenges, we've stayed focused on empowering families through direct support and fostering a society that embraces neurodiversity.

We expanded critical parent training programs and created new platforms to amplify neurodivergent voices. While there's still much work ahead, our commitment remains strong.

Thank you for being part of this journey. Together, we're creating meaningful change - one child, one family at a time.





OVER **5,000**

people visited our website for vital advice or guidance.

All together, they looked at advice pages over 10,000 times.



OVER **600**

people messaged or emailed our charity for support.

# WE SUPPORT

all neurodivergent individuals and their families to live a fulfilled life on their terms.

We supported over **180**

neurodivergent children and their families across Seattle through resources, workshops, and community-based services to help them thrive.





# WE INFLUENCE

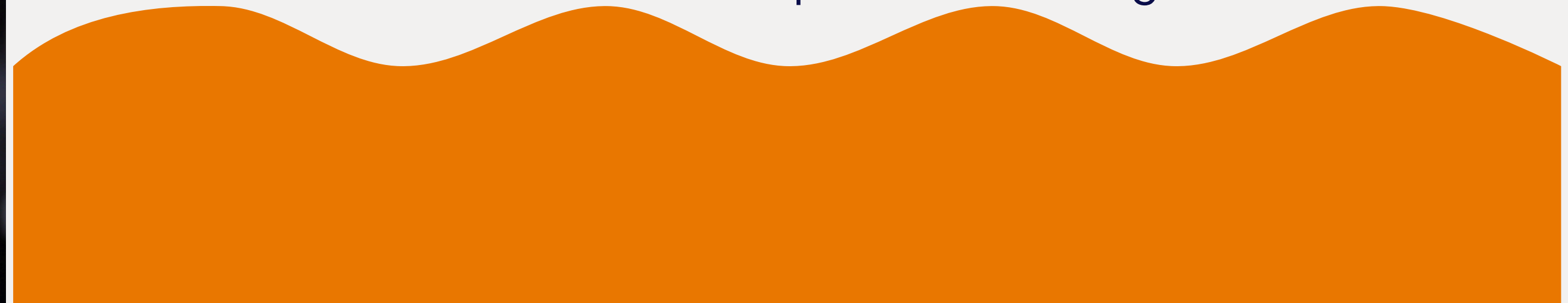
and collaborate with others to  
improve standards and adjustments



Through partnerships, trainings, and  
advocacy, we engaged

**50+**

government, nonprofit, and business leaders  
to champion neurodivergent inclusion.







# WE TRANSFORM

society by building understanding, acceptance  
and respect for all neurodivergent people.



**Met WA state representatives**  
to advocate for Chinese neurodivergent  
children & families  
in **roundtable** discussion.

## First Autism 5K Success!

### 200+ participants

helped raise \$3500 for autism programs  
during Autism Awareness Month.

Featured sensory-friendly activities for all families.

## Bellevue Advocacy Impact

Keynoted at **Bellevue City Hall** on Chinese-American  
neurodivergence needs, presented our support model,  
and advanced policy talks with city officials and cross-  
cultural partners.



# **There is much more to do to create a society that works for neurodivergent people**

Asian children in the U.S. have the highest ASD diagnosis rate: 1 in 19 (5.4%) compared to the national average of 1 in 31 (CDC). Yet research shows they face systemic barriers to quality care.

While ASD affects all races equally, Asian children—like other minority and low-income groups—face delayed diagnosis, missing critical early intervention during key developmental stages.

Asian American autistic children face a double disparity: late diagnosis (1:88 prevalence) and substandard services compared to peers (Hasnain).



# COMMUNITY IMPACT

**We couldn't do this without your amazing support**

Last year, our supporters brought creativity and heart to our cause:

## **Young Artists & Active Families**

- Children painted vibrant artworks celebrating neurodiversity
- Hundreds of families walked/jogged in our 5K races, building awareness step by step

## **Our Generous Supporters**

- 179 individuals fundraised through unique challenges
- 1,000+ donors stood with us as advocates
- 100+ volunteers

## **Mission-Aligned Businesses**

18 corporate partners amplified our work, including sponsors of:

- CARES 5K
- Sensory-friendly community events





# Your Stories



"My child never liked drawing—until we tried the sensory-friendly art class. Now, painting is how we bond. Seeing their work displayed at the community festival filled us with pride!"

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Cross Cultural Ink & Inclusion

"We walked with our whole family to show support. At the finish line, my child smiled brighter than ever. The inclusive atmosphere made us feel welcomed and understood."

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CARES 5K

"I used to blame myself. The workshop taught me it's not my fault—and gave me real tools to help my child. Meeting other parents who 'get it' changed everything."

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MOM support Group



# EVERY CHILD DESERVES TO SHINE

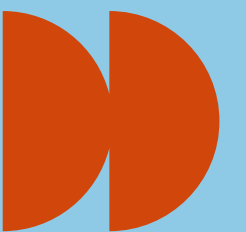
At our core, we're parents, professionals, and advocates united by one mission: to light the way for autism families—especially those in Chinese-speaking communities who often face isolation and barriers.



Sustainability in a company involves incorporating environmental, social, and governance considerations into business operations and strategies to achieve long-term success while minimizing negative impacts on the environment and society, balancing economic, social, and environmental objectives.



# **Every family deserves support**







# Contact Us

## Website

[CaresSeattle.org](https://CaresSeattle.org)

## Email

[info@CaresSeattle.org](mailto:info@CaresSeattle.org)

## Wechat

CARES科思资源讲座组





科思自闭症服务社·CARES

Chinese Autism Resources and Empowerment Services

# Thank You

## 2025



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